

SENIOR SWIMMING POOL LIFEGUARD

DEFINITION

To lead and participate in providing on-deck supervision of aquatic staff; to observe and supervise the activities of swimmers in and around the pool and adjacent areas and perform life-saving procedures; provide swimming instruction; assist in maintenance of pool and equipment.

SUPERVISION RECEIVED AND EXERCISED

Receives general supervision from swimming pool supervisor.

EXAMPLES OF DUTIES - Duties include, but are not limited to the following:

Provides immediate direction and leadership as the on-deck supervisor of lifeguards/water safety instructors.

Assist in training of lifeguards/water safety instructors.

Assist in the supervision and instruction of the water safety and pool programs including the life saving swimming and diving and competitive swim programs.

Assist in maintaining clean and sanitary conditions in pool and adjacent areas; may assist in testing water for chlorine content and pH value and makes minor adjustments.

Observe and supervise the activities of swimmers in and around the pool facilities; maintain discipline and order.

Rescue persons in distress or danger of drowning; administer first aid, CPR, and artificial respiration when necessary.

Promote water safety and health rules on pool deck; inform users of pool safety and precautions; explain and enforce pool rules and regulations.

Provide instruction in various swimming programs.

Check the pool area for safety hazards and ensure that pool safety equipment is in place and working order.

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Answer inquires from the public relating to pool regulations and facilities.

Perform other duties related to this position.

Sweetwater Union High School District
Senior Swimming Pool Lifeguard (Continued)

QUALIFICATIONS

Knowledge of:

Rescue, first aid, artificial respiration, cardiopulmonary resuscitation techniques and equipment.

Principles and techniques of swimming and life saving.

Appropriate pool safety precautions and procedures.

Pool maintenance procedures.

Ability to:

Provide direction and leadership to aquatics staff.

Learn and apply emergency procedures in the event of an accident or emergency.

Instruct proper swimming techniques.

Swim with proficiency and endurance.

Maintain constant observation of assigned areas.

Pass qualifying tests.

Perform minor pool maintenance.

Understand and follow oral and written instructions.

Establish and maintain effective working relationships with those contacted in the course of work.

Experience and Training Guidelines

Any combination of experience and training that would likely provide the required knowledge and abilities is qualifying. A typical way to obtain the knowledge and abilities would be:

Experience:

One year of increasingly responsible experience as a lifeguard or swim instructor.

Training:

Formal or informal training which provides the required level necessary for successful job performance.

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Licence and Certificates

Possession of, or ability to obtain, a current Standard First Aid Card.

Possession of, or ability to obtain, a current Cardiopulmonary Resuscitation Card.

Possession of, or ability to obtain, a current Lifeguard Training (R94) Certificate.

Possession of, or ability to obtain, a current Water Safety Instructor's Certificate..

PHYSICAL DEMANDS AND ENVIRONMENTAL CONDITIONS

Work is performed primarily outdoors in a swimming pool environment; frequent exposure to pool chemicals, water and outdoor weather conditions; frequently lifts and carries up to 75-100 pounds; works in high exposed places; work requires constant to frequent use of the full range of visual and depth perception; frequent demand for climbing, balancing, bending, crouching, stooping, kneeling, reaching, and eye-hand coordination; hearing must be within normal range.