

SWIMMING POOL LIFEGUARD/WATER SAFETY INSTRUCTOR

DEFINITION

To observe and supervise the activities of swimmers in and around the pool and adjacent areas and perform life-saving procedures; provide swimming instruction; assist in maintenance of pool and equipment.

SUPERVISION RECEIVED AND EXERCISED

Receive general supervision from swimming pool supervisor. Technical supervision is provided by the senior lifeguard.

EXAMPLES OF DUTIES - Duties include, but are not limited to the following:

Observe and supervise the activities of swimmers in and around the pool facilities; maintain discipline and order.

Rescues persons in distress or danger of drowning; administer first aid, CPR, and artificial respiration when necessary.

Promote water safety and health rules on pool deck; inform users of pool safety and precautions; explain and enforce pool rules and regulations.

Provide swimming instruction in various swimming programs.

Check the pool area for safety hazards and ensure that pool safety equipment is in place and working order.

Answers inquiries from the public relating to pool regulations and facilities.

Perform other duties related to this position.

QUALIFICATIONS

Knowledge of:

Rescue, first aid, artificial respiration, cardiopulmonary resuscitation techniques and equipment.

Principles and techniques of swimming and life saving.

Appropriate pool safety precautions and procedures.

Pool maintenance procedures.

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Ability to:

Learn and apply emergency procedures in the event of an accident or emergency.

Instruct proper swimming techniques.

Swim with proficiency and endurance.

Maintain constant observation of assigned areas.

Pass qualifying tests.

Perform minor pool maintenance.

Understand and follow oral and written instructions.

Establish and maintain effective working relationships with those contacted in the course of work.

Experience and Training Guidelines

Any combination of experience and training that would likely provide the required knowledge and abilities is qualifying. A typical way to obtain the knowledge and abilities would be:

Experience:

Some lifeguard experience is desirable.

Training:

Formal or informal training which provides the required level necessary for successful job performance.

Licence and Certificates

Possession of, or ability to obtain, a current Standard First Aid Card.

Possession of, or ability to obtain, a current Cardiopulmonary Resuscitation Card.

Possession of, or ability to obtain, a current Lifeguard Training (R94) Certificate.

Possession of, or ability to obtain, a current Water Safety Instructor's Certificate..

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PHYSICAL DEMANDS AND ENVIRONMENTAL CONDITIONS

Work is performed primarily outdoors in a swimming pool environment; frequent exposure to pool chemicals, water and outdoor weather conditions; frequently lifts and carries up to 75-100 pounds; frequently climbs lifeguard tower and works in high exposed places; work requires constant to frequent use of the full range of visual perception; frequent demand for balancing, bending, crouching, stooping, kneeling, reaching, and eye-hand coordination; hearing must be within normal range.

5/15/97